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Fajitas

Ingredients

Sliced beef cut into strips (use serving amount needed for choice of beef being used)

Tomatoes

Sliced onion cut into thin strips

Green/Red pepper cut into thin strips

1 clove garlic chopped

3 Tablespoons lemon juice

1/8 teaspoon oregano

1/8 teaspoon chili powder to taste

Pinch of cayenne pepper

Directions

Marinate meat in lemon juice and spices. Cook strips in a frying pan with garlic and onion. Add chopped tomatoes during the last 5 minutes of cooking and enjoy with lettuce leaf. Add fresh salsa as a topper.

Makes 1 serving (meat and vegetable-use onion, peppers, and tomatoes as a vegetable serving according to how much used)