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Hot Apple Cider

Ingredients

- 1 apple juiced
- 2 Tablespoons lemon juice
- 1 Tablespoon apple cider vinegar
- ¼ teaspoon cinnamon
- Pinch of nutmeg
- Pinch of allspice
- Pinch of clove
- Pinch of lemon zest
- Stevia to taste
- Water

Directions

Heat the juice with spices and a little water in a small saucepan. Serve hot with a cinnamon stick.

Makes 1 serving (fruit)