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FDA Disclosure

HCG has not been demonstrated to be effective adjunctive therapy in the treatment of obesity. There is no substantial evidence that it increases weight loss beyond that resulting from caloric restriction, that it causes a more attractive or “normal” distribution of fat, or that it decreases the hunger and discomfort associated with caloric-restricted diets. The use of HCG for obesity has not been specifically approved by the FDA for weight loss. It has labeled HCG as “not being effective in the treatment of obesity”. However, HCG is approved by the FDA for various medical conditions such as infertility. There have been many studies done demonstrating the positive effects for weight loss using HCG. Dr. Simeons and Dr. Daniel Belluscio have conducted two famous studies with data showing HCG to be successful in helping people lose and maintain weight.

[*Utility of an oral presentation of HCG for the management of obesity, a double blind study](#)

[*Effect of Human chorionic gonadotropin on weight loss, hunger and feeling of well-being.](#)